In 2010 something happened in this country that has never happened before: Congress required that every person enter into a contractual relationship with a private company. Now, it is not as though the federal government never requires American citizens to do anything. They must register for the military and serve if called, they must submit a tax form, fill out a census form, and serve on a jury. And they must join a posse organized by a U.S. Marshall. But the existence and nature of these very few duties illuminates the truly extraordinary and objectionable nature of the individual insurance mandate. Each of these duties is necessary for the operation of government itself; and each has traditionally been widely recognized as inherent in being a citizen of the United States.

Consider why, in 1918, the Supreme Court rejected the claim that the military draft violated the Thirteenth Amendment, which bars

---

*Carmack Waterhouse Professor of Legal Theory, Georgetown University Law Center. This testimony is based on Randy E. Barnett, Commandeering the People: Why the Individual Health Insurance Mandate is Unconstitutional, 5 NYU J. L. & LIBERTY 581 (2011). Together with the Cato Institute, I have submitted amicus briefs in support of the challenges to the Affordable Care Act in Virginia v. Sebelius in the U.S. District Court for the Eastern District of Virginia, and in Thomas More Law Center v. Obama in both the U.S. District Court for the Eastern District of Michigan and the U.S. Circuit Court of Appeals for the Sixth Circuit. I have also discussed, without remuneration, the constitutional issues raised by the Affordable Care Act with attorneys representing challengers in Virginia, Michigan, and Florida.
“involuntary servitude.” At first glance, conscription surely looks like a form of involuntary servitude. But the Court said that it could not see how “the exaction by government from the citizen of the performance of his supreme and noble duty of contributing to the defense of the rights and honor of the nation . . . can be said to be the imposition of involuntary servitude . . .”

Keep that phrase, “supreme and noble duty” of citizenship, in mind. For this, and nothing less than this, is what is at stake in the fight over the constitutionality of the individual insurance mandate. Is it part of the “supreme and noble duty” of citizenship to do whatever the Congress deems in its own discretion to be convenient to its regulation of interstate commerce? If this proposition is upheld, I submit, the relationship of the people to the federal government would fundamentally change: no longer would they fairly be called “citizens;” instead they would more accurately be described as “subjects.”

In fact, in Article III, the Constitution distinguishes between citizens of the United States and “subjects” of foreign states. What is the difference? In the United States, sovereignty rests with the citizenry. The government, including the Congress, is not sovereign over the people, but is the servant of the people. In the 1886 case of Yick Wo v. Hopkins, the Supreme Court reaffirmed that “in our system, while sovereign powers are delegated to the agencies of government, sovereignty itself remains with the people, by whom and for whom all government exists and acts.” But if Congress can mandate you do anything that is “convenient” to its regulation of the national economy


1 Selective Draft Law Cases, 245 U.S. 366, 390 (1918)

2 Compare U.S. Const. art. III, sec. 2 (“The judicial power shall extend . . . to controversies . . . between a state, or the citizens thereof, and foreign states, citizens or subjects.”) and U.S. Const. amend XI (“The judicial power of the United States shall not be construed to extend to any suit in law or equity, commenced or prosecuted against one of the United States by citizens of another state, or by citizens or subjects of any foreign state.”), with U.S. Const. amend. XIV, §1 (“All persons born or naturalized in the United States, and subject to the jurisdiction thereof, are citizens of the United States and of the state wherein they reside.”).

3 Yick Wo v. Hopkins, 118 U.S. 356, 370 (1886) (Matthews, J.). See also Chisolm v. Georgia, 2 U.S. 419, 479 (2 Dall.) (1793) (affirming “this great and glorious principle, that the people are the sovereign of this country,” and “the people” consists of “fellow citizens and joint sovereigns.”) (opinion of Jay, C.J.); id. at 356 (referring to the people as “a collection of original sovereigns.”) (opinion of Wilson, J.).
then that relationship is now reversed, and Congress has the prerogative powers of King George III.

In essence, the defenders of this bill are making the following claim: because Congress has the power to draft citizens into the military — a power tantamount to enslaving one to fight and die — it has the power to make citizens do anything less than this, including mandating that them to send their money to a private company and do business with it for the rest of their lives. This simply does not follow. The greater power does not include the lesser.

One way to justify so exceptional a power would be to find it in the Constitution itself. Does the Constitution expressly give Congress a power to compel citizens to enter into contractual relations with private companies — or can it be fairly implied? Quite obviously, the answer is no.

True, the Constitution does give Congress the power to impose taxes on the people to compel them to give their money to the government for its support. And it has long been assumed that Congress can then appropriate funds to provide for the common defense and general welfare by making disbursements to private companies and individuals. Social Security and Medicare are examples of the exercise of such tax and spending powers.

Because the Supreme Court is highly deferential to Congress’s use of its tax power, the primary constraint on the exercise of this power is political. That is, like the power to declare war or impose a military draft, legislators will be held politically accountable for their exercise of the great and dangerous power to tax. But for this constraint to operate, at a minimum Congress must expressly invoke its tax power so it can be held politically accountable.

This is why it is of utmost significance that, when it enacted the Affordable Care Act, Congress did not refer to the penalty imposed on those who fail to buy insurance as a tax. Instead it called it a “penalty” to enforce the insurance mandate. Although the penalty was inserted into the Internal Revenue Code, Congress then expressly severed the penalty from the normal enforcement mechanisms of the tax code. The failure to pay the penalty “shall not be subject to any criminal
prosecution or penalty with respect to such failure.”^4 Nor shall the IRS “file notice of lien with respect to any property of a taxpayer by reason of any failure to pay the penalty imposed by this section,”^5 or impose a “levy on any such property with respect to such failure.”^6 All of these restrictions undermine the claim that, because the penalty is inserted into the Internal Revenue Code, it is a garden-variety tax.

Nor is this merely a matter of form. As Justice Souter explained in a 1996 case, “if the concept of penalty means anything, it means punishment for an unlawful act or omission...”^7 By contrast, he described a tax as “a pecuniary burden laid upon individuals or property for the purpose of supporting the Government.”^8 But when Congress identified all the revenue raising provisions of the Affordable Care Act for the vital purpose of scoring its costs, it failed to include any revenues to be collected under the penalty.^9

Rather than tax everyone to provide a direct subsidy to private insurance companies to compensate them for the cost of the new regulations being imposed upon them, Congress decided to compel the people to pay insurance companies directly. And it expressly justified the mandate as an exercise of its regulatory powers under the Commerce Clause. But if the mandate to buy insurance is unconstitutional because it exceeds the commerce power, then there is nothing for the penalty to enforce, regardless of whether it is deemed to be a tax.

So the unprecedented assertion of a power to impose economic mandates on the citizenry must rise and fall on whether the mandate is within the power of Congress under the Commerce Clause “to regulate . . . commerce among the several states,”^10 or whether, under the

---

^4I.R.C. §5000A(g)(2)(A) (West 2010).


^8Id. (quoting New Jersey v. Anderson, 203 U. S. 483, 492 [1906]) (emphasis added).


^10U.S. Const. art I., § 8, cl. 3.
Necessary and Proper Clause, the mandate is both “necessary and proper for carrying into Execution” its commerce power.

The government is not claiming that the individual mandate is justified by the original meaning of either the Commerce Clause or Necessary and Proper Clause. Instead, the government and most law professors who support the mandate have rested their arguments exclusively on the decisions of the Supreme Court. So what does existing Supreme Court doctrine say about the scope of the Commerce and Necessary and Proper clauses?

Of course, given that economic mandates have never before been imposed on the American people by Congress, there cannot possibly be any Supreme Court case expressly upholding such a power. But during the New Deal, the Supreme Court used the Necessary and Proper Clause to allow Congress to go beyond the regulation of interstate commerce itself to reach wholly intrastate activities that substantially affect interstate commerce. Then in 1995, in the case of United States v. Lopez, it limited the reach of this power to the regulation of economic, rather than noneconomic activity.

Barring Congress from regulating noneconomic intrastate activity keeps it from reaching activity that has only a remote connection to interstate commerce, without requiring courts to assess what Alexander Hamilton referred to as the “more or less necessity or utility” of a measure. Existing Commerce Clause and Necessary and Proper Clause doctrine, therefore, allows Congress to go this far, and no farther.

But the individual mandate is not regulating any economic activity. It is quite literally regulating inactivity. Rather than regulating or prohibiting economic activity in which a citizen voluntarily chooses

\[1\] U.S. Const. art I., § 8, cl. 18.

\[2\] See e.g. United States v. Darby, 312 U.S. 100, 118 (1941) (relying on the Necessary and Proper case of McCulloch v. Maryland to justify reaching intrastate activities that affect interstate commerce).


to engage — such as growing wheat, operating a hotel or restaurant, or growing marijuana — it is commanding that a citizen must engage in economic activity. It is as though the federal government had mandated Roscoe Filburn (of Wickard v. Filburn\textsuperscript{15}) to grow wheat, or mandated Angel Raich (of Gonzales v. Raich\textsuperscript{16}) to grow marijuana.

The distinction between acting and not acting is pervasive in all areas of law. We are liable for our actions but, absent some preexisting duty, we cannot be penalized for inaction. So in defending the mandate, the government has been forced to offer a number of shifting arguments for why, despite the appearances, insurance mandates are actually regulations of activity.

The statute itself speaks of regulating “decisions”\textsuperscript{17} as though a decision is an action. But expanding the meaning of “activity” to include “decisions” not to act erases the distinction between acting and not acting. It would convert all “decisions” not to sell one’s house or car into economic activity that could be “regulated” or mandated if Congress deems it convenient to its regulation of interstate commerce.

The government also claims that it is regulating the activity of obtaining health care, which it says everyone eventually will seek. While the government could try to condition the activity of delivering health care on patients having previously purchased insurance, in the Affordable Care Act it did not do this. The fact that most Americans will seek health care at some point or another does not convert their failure to obtain insurance from inactivity to activity and so does not convert the mandate to buy insurance into a regulation of activity.

For this reason, the government primarily relies, not on the claim that “decisions” are activities or that Congress is regulating the activity of seeking health care, but on a proposition that has yet to be accepted by a majority of the Supreme Court: that Congress may do anything that it deems to be “necessary to a broader scheme” regulating interstate commerce.

\textsuperscript{15}\textit{See} Wickard v. Filburn, 317 U.S. 111 (1942)

\textsuperscript{16}\textit{See} Gonzales v. Raich, 545 U.S. 1 (2005)

\textsuperscript{17}\textit{See} Patient Protection and Affordable Care Act, Pub. L. No. 111-148, § 1501(a)(2)(A), 124 Stat. 119 (2010) (“The requirement regulates activity that is commercial and economic in nature: economic and financial decisions about how and when health care is paid for, and when health insurance is purchased.”).
commerce — in this case the regulation of the insurance companies under the commerce power.

But there is no such existing doctrine. The government’s theory is based on a concurring opinion by Justice Antonin Scalia in the 2005 medical marijuana case of *Gonzales v. Raich* — a lawsuit I brought on behalf of Angel Raich and argued in the Supreme Court. Justice Scalia’s theory, in turn, rests on a single sentence of dictum in *Lopez*. Whenever a majority of the Supreme Court eventually decides to allow Congress to regulate noneconomic activity because doing so is essential to a broader regulatory scheme, it will need to limit this doctrine, lest it lead to an unlimited power in Congress. If that day comes, the Court need only look back to see that every exercise of the Commerce and Necessary and Proper clauses has involved the regulation of voluntary activity. Barring Congress from reaching inactivity prevents it from exercising powers that are even more remote to the regulation of interstate commerce than is the regulation of noneconomic activity.

Look at what is happening here. Congress exercises its commerce power to impose mandates on insurance companies, and then claims these insurance mandates will not have their desired effects unless it can impose mandates on the people — which would be unconstitutional if imposed on their own. By this reasoning, the Congress would now have the general police power the Supreme Court has always denied it possessed. All Congress need do is adopt a broad regulatory scheme that won’t work the way Congress likes unless it can mandate any form of private conduct it wishes.

What limiting principle is offered by the government to this new claim of federal power under the Necessary and Proper Clause? Its only response, to date, is that health care is somehow different than other types of goods and services. This argument takes a number of different forms, but most commonly it is claimed that because everyone will one

---

18 See *Raich*, 545 U.S. at 37 (Scalia, J. concurring) (“Congress may regulate even noneconomic local activity if that regulation is a necessary part of a more general regulation of interstate commerce.”)

19 See *Lopez*, 514 U.S. at 561 (noting that the Gun Free School Zone Act was not “an essential part of a larger regulation of economic activity, in which the regulatory scheme could be undercut unless the intrastate activity were regulated.”).
day need health care and may not be able to afford it when that day arrives, and because emergency rooms are obligated by law to provide care regardless of ability to pay, then it is necessary to require that all persons purchase health insurance today to avoid shifting costs to others.

There are many serious factual problems with this analysis, but, even if we assume it is entirely accurate, the government has not identified any constitutional principle to differentiate health care – or more relevantly health insurance – from any other activity that Congress may in the future want to mandate or conscript the American people to perform. Without more, a factual distinction is not a constitutional principle. If the Supreme Court upholds the power to impose insurance mandates on the people, in the future it will never evaluate the next use of economic mandates to see if that circumstance is similar to or different from health care.

For nearly two hundred years the Court has avoided making any such factual distinctions in favor of deferring to Congress’s assessment of the facts. So, lacking any limiting constitutional principle, once the power to conscript Americans to enter into contractual relations with private companies is accepted here, it will be accepted for any circumstances that Congress deems it convenient to its regulation of the national economy. And this would be to fundamentally reverse the relationship of American citizen to the federal government. No longer would they be citizens in the fullest sense of the world, they would be subjects.

So whenever defenders of the insurance mandate say “health care is different,” one needs to ask them: “Yes, but what constitutional limitation are you proposing for this power?” If their only reply is the protection of “liberty” in the Due Process Clause, then they have now avoided the question by changing the subject. They are actually claiming that the commerce power is limited only by rights guaranties — the very same rights guarantees that limit the state’s plenary police power. This answer is like saying, “Well, the First Amendment is a limit on the commerce power.”

Any answer based on Due Process or liberty is actually a refusal to provide any limit to Congress’s enumerated powers. Since a state’s police power is also limited by the Due Process Clause of the Fourteenth Amendment, in reality, defenders of the mandate are claiming that the
powers of Congress are just as broad as the police power of the states. That is, if the only limit on Congress’s power is the same as the limit on state power, then the two powers have the same scope. But this is a proposition that has always been rejected by the Supreme Court. As Chief Justice Rehnquist wrote in *Lopez v. United States*: “We start with first principles. The Constitution creates a Federal Government of enumerated powers.” He then quoted James Madison’s Federalist No. 45: “The powers delegated by the proposed Constitution to the federal government are few and defined. Those which are to remain in the State governments are numerous and indefinite.”

If the only limitation on the scope of enumerated powers is the Due Process Clause or the Bill of Rights, however, then this would no longer be the case, and our system of government would be fundamentally altered. In addition, law professors know, even if the American people do not, that under current constitutional doctrine, the Due Process Clause is not construed to be an open-ended protection of liberty. Instead the Supreme court now construes it to protect only a very few specifically defined rights, none of which would apply to the right to refrain from doing business with private companies.

Therefore, when defenders of the mandate give this answer, what they are really saying is that the enumerated powers scheme in Article I of the Constitution provides no constraint whatsoever on the powers of Congress. Because this theory of Congress’s implied power would lead to a general federal police power. In the words of Chief Justice Marshall in *McCulloch v. Maryland*, it would not “consist with the letter and spirit of the constitution,” and would therefore be “improper.”

In his decision, Judge Vinson held that “the individual mandate falls outside the boundary of Congress’ Commerce Clause authority and cannot be reconciled with a limited government of enumerated powers.

---

20 *Lopez*, 514 U.S. at 552.

21 *Id.*


By definition, it cannot be ‘proper.’” In other words, because the rationale offered to justify the mandate would lead to a general federal police power, such a law cannot be a proper exercise of Congressional power.

This is but one reason why the insurance mandate, however “necessary” it might be, is an “improper” means to the regulation of interstate commerce. In 1997, the Supreme Court struck down a mandate that local sheriffs run background checks on purchasers of firearms as part of a broader scheme regulating the sale of guns that Congress enacted using its commerce power. In Printz v. United States, the Court held that this mandate on state executives unconstitutionality violated the sovereignty of state governments and the Tenth Amendment.

Writing for the Court, Justice Scalia rejected the government’s contention that, because the background checks were “necessary” to the operation of the regulatory scheme, they were justified under the Necessary and Proper Clause. After memorably calling the Necessary and Proper Clause “the last, best hope of those who defend ultra vires congressional action,” Justice Scalia concluded that “When a ‘Law . . . for carrying into Execution’ the Commerce Clause violates the principle of state sovereignty reflected in” the Tenth Amendment and other constitutional provisions, “it is not a ‘Law . . . proper for carrying into Execution the Commerce Clause,’ and is thus, in the words of The Federalist, ‘merely [an] act of usurpation’ which ‘deserves to be treated as such.’”

Just as commandeering state governments is an unconstitutional infringement of state sovereignty, commandeering the people violates the even more fundamental principle of popular sovereignty. After all, the Tenth Amendment reads: “The powers not delegated to the United States by the Constitution, nor prohibited by it to the states, are reserved

---


26 Id. at 923.

27 Id. at 923–24. (citations omitted).
to the states respectively, or to the people.”

Should the Supreme Court decide that Congress may not commandeer the people in this way, such a doctrine would only affect one law: the Affordable Care Act of 2010. Because Congress has never done anything like this before, the Court need strike down no previous mandate. This makes a challenge to the insurance mandate more likely to succeed. But if it strikes down the individual insurance mandate, the Court may also have to strike down the mandates imposed on insurance companies. For the Affordable Care Act does not include the normal severability clause that would let the remainder stand if any part is invalidated. And the very reasons why the government argues that the individual mandate is “essential” to implement the insurance regulations, are why it is not severable.

* * *

Although the bulk of my remarks today concerned decisions of the Supreme Court, many of the Court’s doctrines concerning the regulatory and taxing powers are not actually opinions about what the Constitution requires, but when the Court will defer to Congress’s judgment of the scope of its own powers and when it will intervene. Each Senator and Representative takes his or her own oath to uphold the Constitution, and each must reach his or her own judgment about the scope of Congressional powers.

After the Supreme Court upheld the constitutionality of the second national bank in *McCulloch v. Maryland* by invoking the Necessary and Proper Clause, President Andrew Jackson vetoed its renewal. Jackson interpreted *McCulloch* as deferring to the judgment of the legislature as to the bank’s necessity and propriety. Because he viewed the veto power as legislative in nature, and because he viewed the bank as both unnecessary and improper, he concluded that the bank was unconstitutional. “If our power over means is so absolute that the Supreme Court will not call in question the constitutionality of an act of Congress the subject of which “is not prohibited, and is really calculated to effect any of the objects intrusted to the Government,” . . . it becomes

---

28U.S. Const. Amend X.
us to proceed in our legislation with the utmost caution.”

In short, just because the Supreme Court defers to you, does not mean the Constitution lets you do anything you like. Regardless of how the Supreme Court may eventually rule, each of you must decide for yourself whether the mandate is truly necessary to provide, for example, for portability of insurance if one changes jobs or moves to another state. If not, then restricting the liberties of the American people in this way is unnecessary. Each of you must also decide if allowing Congress to regulate inactivity by mandating that Americans enter into contractual relations with a private company for the rest of their lives would be to treat them as subjects, rather than citizens. If so, then commandeering the people in this manner is improper.

If you conclude that the mandate is either unnecessary or improper then, like President Jackson, you are obligated to conclude that it is unconstitutional, and to support its repeal.

---

29 Andrew Jackson, Veto Message (July 10, 1832), as it appears in RANDY E. BARNETT, CONSTITUTIONAL LAW: CASES IN CONTEXT 141 (2008)